DEPARTMENT OF MENTAL HEALTH AND SUBSTANCE ABUSE

POLICY AND PROCEDURE MANUAL

Nursing Division - Administration

SUJBECT: Consumer's Own Medication

REFERENCE: Joint Commission Standard MM.3.10 MM.4.10 MM.5.10 Nurse Practice Act

Guam P.L. 16-123 MM 1.40

Number:

Effective Date: History: New

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APPROVED:

Title: Director, DM⊌SA

POLICY:

• In most cases, the utilization of a consumer's own medications is discouraged at Department of Mental Health and Substance Abuse (DMHSA) because it is not known how they had been stored or handled prior to the consumer's admission. Medications brought in by the consumer to be utilized during their stay must meet the following conditions prior to use or administration:

- Drugs have been ordered by an authorized attending physician permitted by law and license to give such an order, holding privileges at the DMHSA. The order must be entered in the consumer's medical record, i.e., the physician's order must indicate that the "consumer may use own medications." The medications to be utilized must be individually noted with their corresponding strengths and directions for administration.
- The medication container is clearly and properly labeled.
- The contents of the containers have been examined, positively identified and the integrity evaluated by the consumer's physician and/or the DMHSA Pharmacist.
- A consumer may use his/her own medication on the written order of a physician.
 Consumer's own medication may used for non-formulary medication orders and must be received in medication container with pharmacy label.

PROCEDURE:

- A consumer may utilize his/her medication on the written order of the attending physician permitted by law and permitted by the DMHSA to prescribe medications when all of the following conditions are met:
 - Medications are ordered by the consumer's physician and the order is entered on the consumer's medical record, indicating:
 - Consumer's own medication may be used
 - Name of drug/drugs

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- Strength of drug/drugs and route
- Dose schedule
- Rationale for drug use
- Medications have been examined by the physician or Pharmacist for positive identification, integrity and correct labeling.
- The Pharmacist will attach a label to the container to indicate that it has been checked, properly identified and integrity evaluated.
- The consumer will not be allowed to self-medicate or keep his/her own medication at the bedside. The medication will be kept in the consumer's cassette and will be administered and documented by the medication nurse.